



NATURE TRAILS IN CASTILE AND LEÓN



Guide to the
Nature Trails
of Spain

NATURE TRAILS IN CASTILE AND LEÓN

In the following pages, the Nature Trails running through Castile and León are briefly described. Among them, there are short trails such as Esia, Las Merindades, Sayago Crop Fields or Campo Azávarro; other composed by several stages such as Mirada Circular, Hayedos de Riaza, el Agua Soriano, and some longer trails, such as the Senda del Duero.

Agua Soriano. Camino Antonino. (Soria, Zaragoza, Navarra). Running from Tudela to Soria, this Nature Trail joins the Ebro Nature Trail, or GR-99, and the Douro Natural Trail. A historical 113,5 km route which leads us from Celtiberians settlements though Roman remains and into the Middle Ages, under the watchful eye of the Morcayo.

Cacabelos-Quilós (León). 4,3 km long route which links the French Way of the Camino de Santiago and the Mirada Circular Nature Trail. It crosses the Bierzo plains, a fertile, wine-producing land since Roman times and which nowadays boasts the Denominación de Origen (Designation of Origin) El Bierzo.

Campo Azávarro (Ávila). Right in the walls of the city of Ávila (World Heritage Site) starts this 13,9 km Nature Trails, which follows part of the layout of the Cañada Real Soriana Occidental drover's way.


Cañada Real Soriana Occidental (Segovia). This 14,8 km long trail crosses the Segovia slope of the Sierra de Guadarrama between El Espinar y Ayllón, crossing the counties of Terras de Segovia and Riaza-Ayllón.

Ebro (Cantabria, Burgos, Vitoria, Rioja, Navarre, Zaragoza, Huesca, Lleida, Tarragona). For centuries, the Ebro valley has been occupied by many cultures, and proof of its rich cultural past remains along its course. The Ebro river spans 1,280 km from Reinosa to Tortosa, a long course along which its natural and cultural richness may be enjoyed.

Eresma (Segovia). Starting in Segovia's paved streets, this 13 km route descends by the slopes of the Sierra de Guadarrama towards the Eresma river valley, until reaching its fertile riverside lands where Hontanares de Eresma is located.



Románico Palentino Nature Trail



Senda del Duero Nature Trail

MORE INFORMATION:
www.caminosnaturales.es

NIPO: 013-17-167-6

IT'S ALL ABOUT THE DOURO VALLEY LAND BACKBONE



CN Santander - Mediterráneo Nature Trail

The Nature Trails in this Autonomous Community, either run totally though Castilian territory or are shared with other Autonomous Communities,

Castile and León is the largest Autonomous Community, and for the most part it coincides with the Spanish section of the Douro basin. Castile and León is host to an excessive rich historical, architectural, artistic and natural heritage: here, the traveller will find World Heritage Sites, historical sites, castles, cathedrals, the world's greatest concentration of Romanesque art, as well as unique natural spaces, and Biosphere Reserves.

The traveller may enjoy a wide natural variety: riverside landscapes, agricultural fields, mountains and woodland, all with their characteristic vegetation and fauna, not forgetting a delicious cuisine and a persistent wine culture.

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Sendadel Duero(Soria, Burgos, Valladolid, Zamora, Salamanca). This trail runs along the Douro river for 75,2 km, where the traveller may find themselves in monumental towns such as Soria or Zamora, natural enclaves such as the Sierra de Urbión hill range or the Aribes del Duero, a rich cultural environment and a delicious gastronomic tradition.

Senda del Pastoreo (Burgos, Arba/Álava, Gipuzkoa, Navarre). A circle route which leads the visitor to those places where shepherding has defined and shaped the cultural landscape, which has been harmoniously humanised. Most of this path, which spans over 400 km, runs through spaces of environmental interest.

Sierra de la Demanda Greenway (Burgos). This train turns among large oak and beech woods which are the home of many animal species, including the Iberian wolf. The trail follows entirely the layout of an old mining railway line 52,4 km long.

Eresma Valley Greenway (Segovia and Valladolid). This Nature Trail follows the old Segovia - Medina del Campo railway line, which basically runs along the Eresma river. This trail is great for family walks or bike rides.

Vía de la Plata (Cáceres, Salamanca, Zamora). This Nature Trail runs along the old Palazuelo-Astorga railway line, part of the "Vía de la Plata" railway line. It takes its name from the popular denomination of the old Roman road which connected *Augusta Emerita* (Mérida) and *Asturica Augusta* (Astorga). Currently, it consists of different sections in the provinces of Cáceres, Salamanca and Zamora.

Villablino to Villaseca Greenway (León). This trail, which runs along the River Sil, between Villablino and the parish of Villaseca, makes use of the ranch of the old railway line of the Minerio Siderúrgica de Ponferrada (MSP) mining company, which linked Laciána with Ponferrada.

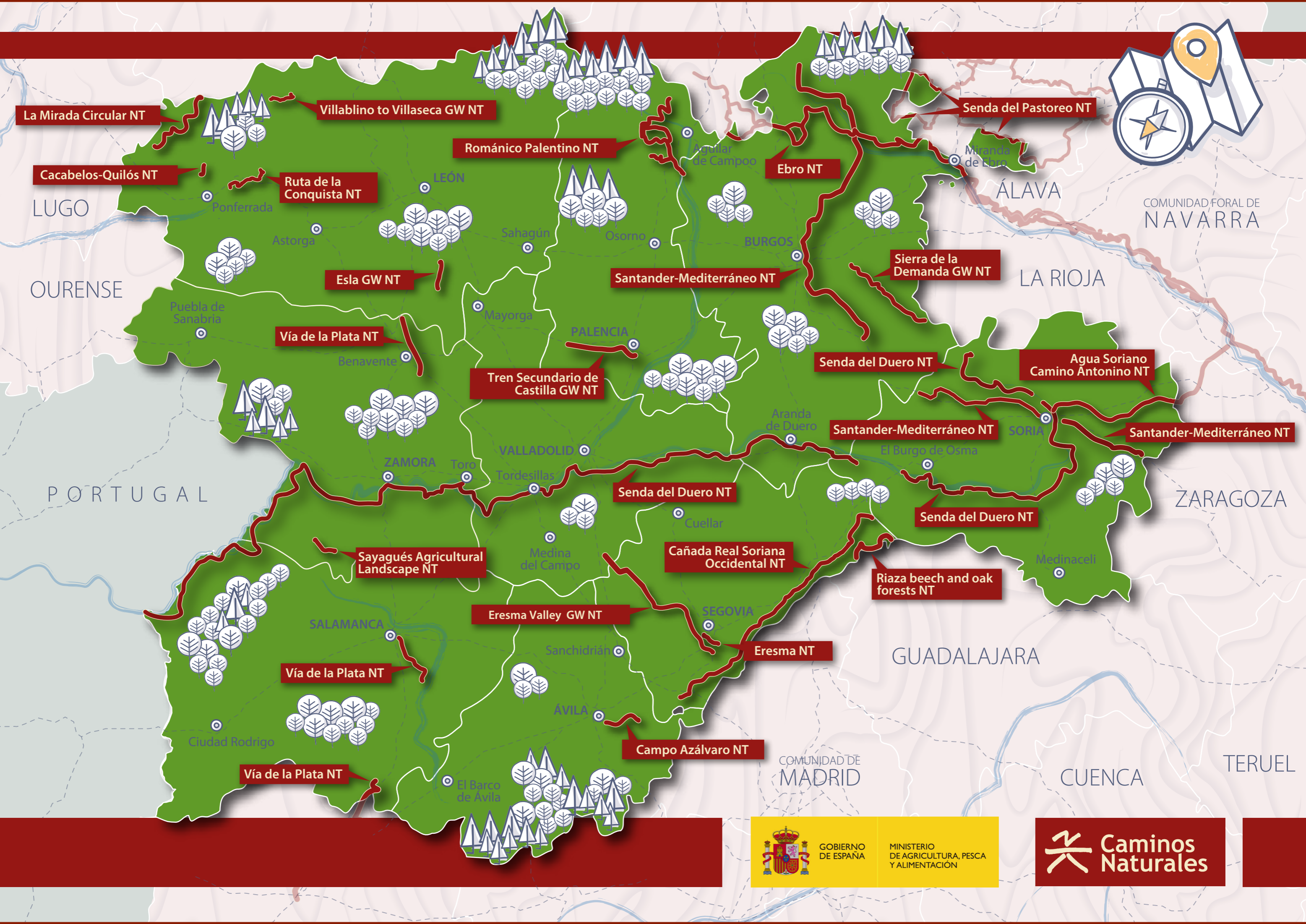
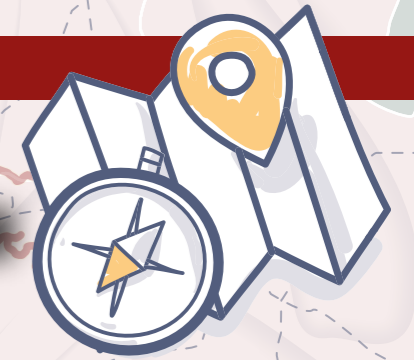
Tren Secundario de Castilla Greenway (Palencia). This nature trail is nearly 30 km long. It was laid on the old track of the emblematic railway route popularly known as "Tren Burra" (Donkey Train) for its lack of speed. The railway line was built to transport the enormous amounts of cereal produced in this region to Cantabrian ports.



Cañada Real Soriana Occidental Nature Trail



Paisaje Agrario Sayagués Nature Trail



La Mirada Circular NT

Villablino to Villaseca GW NT

Románico Palentino NT

Senda del Pastoreo NT

Cacabelos-Quilós NT

Ruta de la Conquista NT

Ebro NT

LUGO

Ponferrada

LEÓN

Sahagún

Osorno

BURGOS

ÁLAVA

COMUNIDAD FORAL DE NAVARRA

OURENSE

Astorga

Esla GW NT

Santander-Mediterráneo NT

Sierra de la Demanda GW NT

LA RIOJA

Puebla de Sanabria

Vía de la Plata NT

Mayorga

PALENCIA

Senda del Duero NT

Agua Soriano Camino Antonino NT

Tren Secundario de Castilla GW NT

Benavente

Senda del Duero NT

Santander-Mediterráneo NT

Santander-Mediterráneo NT

PORTUGAL

ZAMORA

Toro

VALLADOLID

Tordesillas

Aranda de Duero

El Burgo de Osma

SORIA

ZARAGOZA

Sayagués Agricultural Landscape NT

Cañada Real Soriana Occidental NT

Riaza beech and oak forests NT

Medinaceli

Eresma Valley GW NT

Eresma NT

GUADALAJARA

Vía de la Plata NT

Sanchidrián

SEGOVIA

AVILA

Campo Azálvaro NT

COMUNIDAD DE MADRID

CUENCA

TERUEL

Ciudad Rodrigo

Vía de la Plata NT

El Barco de Ávila



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